

ACRONYM	DEFINITION
1LT	First Lieutenant
1SG	First Sergeant
2LT	Second Lieutenant
AAA	Army Audit Agency
AAFES	Army and Air Force Exchange Service
AAR	After Action Review
ABCT	Armored Brigade Combat Team
AC	Active Component
ACOM	Army Command
ACP	Access Control Point
ACS	Army Community Service
ACSIM	Assistant Chief of Staff for Installation Management
ACT	Army Career Tracker
ACU	Army Combat Uniform
AER	Army Emergency Relief
AFAP	Army Family Action Plan
AFQT	Armed Forces Qualification Test
AHLTA	Armed Forces Health Longitudinal Technology Aptitude
AHPRRC	Army Health Promotion and Risk Reduction Council
AI	Assignment Instructions
AIO	Assistant Investigating Officer
AIRT	Army Internal Review Team
AIT	Advanced Individual Training
AL&T	Acquisition, Logistics, and Technology
ALARACT	All Army Activities
ALERRT	Advanced Law Enforcement Rapid Response Training
ALI	Automatic Location Information
AMHRR	Army Military Human Resource Record
ANI	Automatic Number Identification
AOC	Area of Concentration
AOR	Area of Responsibility
APP	Army Protection Program
AR	Army Regulation
ARNG	Army National Guard
ARNORTH	U.S. Army North
ARSTAFF	Army Staff
ASA	Assistant Secretary of the Army
ASAP	Army Substance Abuse Program
ASCC	Army Service Component Command
ASR	Active Shooter Response
ASVAB	Armed Services Vocational Aptitude Battery
AT	Antiterrorism
ATO	Antiterrorism Officer
ATTRS	Army Training Requirements and Resources System
BCT	Basic Combat Training Brigade Combat Team
BDE	Brigade
BH	Behavioral Health
BHDP	Behavioral Health Data Portal
BJA	Bureau of Justice Assistance
BLDG	Building
BN	Battalion
CAC	Common Access Card
CAC-T	Combined Arms Center-Training
CAD	Computer-Aided Dispatch
CAF	Central Adjudicative Facility
CAV	Cavalry
CCIR	Commander's Critical Information Requirements
CDC	Child Development Center
CDR	Commander
CI	Counterintelligence
CID	U.S. Army Criminal Investigation Division Command
CIP	Command Inspection Program
CO	Company
COL	Colonel
CONUS	Continental United States
COP	Common Operating Picture
COPS	Centralized Operations Police Suite

ACRONYM	DEFINITION
COSC	Combat Operational Stress Control
CPAC	Civilian Personnel Advisory Center
CPAP	Continuous Positive Airway Pressure
CPL	Corporal
CPR	Cardiopulmonary Resuscitation
CPT	Captain
CRC	Child Resource Center
CRDAMC	Carl R. Darnall Army Medical Center
CRRD	Commanders' Risk Reduction Dashboard
CSM	Command Sergeant Major
CT	Computed Tomography
CTC	Composite Transportation Company
CYS	Child Youth Services
DA	Department of the Army
DACP	Department of the Army Civilian Police
DAMPS	Department of the Army Mobilization Processing System
DAT	Drug and Alcohol Test
DBH	Department of Behavioral Health
DCCS	Deputy Commander of Clinical Services
DCS	Deputy Chief of Staff
DD	Department of Defense
DEERS	Defense Enrollment Eligibility Reporting System
DES	Directorate of Emergency Services
DHA	Defense Health Agency
DHP	Defense Health Program
DMDC	Defense Management Data Center
DoD	Department of Defense
DoD IG	Department of Defense Inspector General
DoDI	Department of Defense Instruction
DoDIR	Department of Defense Independent Review
DOTMLPF	Doctrine, Organization, Training, Materiel, Leadership/Education, Personnel, and Facilities
DPTMS	Directorate of Plans, Training, Mobilization, and Security
DRU	Direct Reporting Unit
DSB	Defense Science Board
DTG	Date-Time Group
DTM	Directive-Type Memorandum
DTMS	Digital Training Management System
E911	Enhanced 911
EBH	Embedded Behavioral Health
ED	Emergency Department
eGWG	eGuardian Working Group
EM2P	Emergency Management Modernization Program
Email	Electronic Mail
EMR	Electronic Medical Record
EMS	Emergency Medical Services
EOC	Emergency Operations Center
EPMD	Enlisted Personnel Management Directorate
eProfile	Electronic Profile
ERB	Enlisted Record Brief
ESC	Expeditionary Sustainment Command
ETS	Expiration of Term of Service
EXORD	Exercise Order
EXSUM	Executive Summary
FAC	Family Assistance Center
FAP	Family Advocacy Program
FARG	Focus Area Review Group
FBI	Federal Bureau of Investigation
FCT	Family Care Team
FDA	Food and Drug Administration
FLETC	Federal Law Enforcement Training Centers
FLWMO	Fort Leonard Wood, Missouri
FM	Field Manual
FMWR	Family, Morale, Welfare, and Recreation
FOB	Forward Operating Base
FORSCOM	U.S. Army Forces Command
FP	Force Protection
FPCON	Force Protection Condition

ACRONYM	DEFINITION
FRG	Family Readiness Group
FY	Fiscal Year
GLWACH	General Leonard Wood Army Community Hospital
GT	General Technical
HEAT	HMMWV Egress Assistance Training
HHA	Higher Headquarters Assessment
HHD	Headquarters and Headquarters Detachment
HIPAA	Health Insurance Portability and Accountability Act of 1996
HP&RR	Health Promotion and Risk Reduction
HQ	Headquarters
HQDA	Headquarters Department of the Army
HR	Human Resources
HRC	U.S. Army Human Resources Command
HSPD	Homeland Security Presidential Directive
IA	Information Assurance
IADT	Initial Active Duty Training
IAW	In Accordance With
ICP	Incident Command Post
ICTC	Inland Cargo Transfer Company
ICW	In Conjunction With
ID	Identification
IED	Improvised Explosive Device
IEM	Installation Emergency Management
IMCOM	Installation Management Command
IO	Investigating Officer
IOC	Installation Operations Center Initial Operating Capability
IPPS-A	Integrated Personnel and Pay System
IPR	In-Process Review
IRT	Individual Readiness Training
IT	Information Technology
JAG	Judge Advocate General
JBLM	Joint Base Lewis-McChord
JPAS	Joint Personnel Adjudication System
JPEO-CBD	Joint Program Executive Office - Chemical and Biological Defense
JSIVA	Joint Staff Integrated Vulnerability Assessment
KPD	Killeen Police Department
LCDR	Lieutenant Commander
LE	Law Enforcement
LMR	Land Mobile Radio
LNO	Liaison Officer
LOE	Line of Effort
LRC	Logistics Readiness Center
LTC	Lieutenant Colonel
LTC (P)	Lieutenant Colonel (Promotable)
LTG	Lieutenant General
M&RA	Manpower and Reserve Affairs
MAJ	Major
MAR2	Medical Retention and Reassignment
MASCAL	Mass Casualty
MCB	Movement Control Battalion
MDEP	Management Decision Package
MEB	Medical Evaluation Board
MEDCOM	U.S. Army Medical Command
MEDPROS	Medical Protection System
MEPS	Military Entrance Processing Station
MFLC	Military Family Life Consultants
MFR	Memorandum for Record
MILPERCEN	Military Personnel Center
MMRB	Military Occupational Specialty Medical Retention Board
MOA	Memorandum of Agreement
MOS	Military Occupational Specialty
MOU	Memorandum of Understanding
MP	Military Police
MPD	Military Personnel Division
MPI	Military Police Investigator
MRI	Magnetic Resonance Imaging
MSG	Master Sergeant

ACRONYM	DEFINITION
mTBI	Mild Traumatic Brain Injury
MTF	Military Treatment Facility
MTSA	Military Training Specific Allotment
MWN	Mass Warning Notification
MWR	Morale, Welfare, and Recreation
NACLC	National Agency Check With Local Agency Check and Credit
NCIC	National Crime Information Center
NCIC III	National Crime Information Center Interstate Identification Index
NCO	Noncommissioned Officer
NCOIC	Noncommissioned Officer In Charge
NDAA	National Defense Authorization Act
NG911	Next Generation 911
NGB	National Guard Bureau
NIMS	National Incident Management System
NLT	No Later Than
OBT	Office of Business Transformation
OC	Oleoresin Capsicum
OJT	On-the-Job Training
OPLAN	Operations Plan
OPMD	Officer Personnel Management Directorate
OPMG	Office of the Provost Marshal General
OPORD	Operations Order
OPTEMPO	Operating Tempo
OSD	Office of the Secretary of Defense
OTSG	Office of the Surgeon General
PA	Physician's Assistant
PAC	Personnel Administration Center
PAM	Pamphlet
PAO	Public Affairs Office
PASS	Pharmacy Analytics and Support Section
PCL	Post-Traumatic Stress Disorder Checklist
PCL-M	Post-Traumatic Stress Disorder Checklist - Military
PCS	Permanent Change of Station
PD	Police Department Product Director
PDHA	Post-Deployment Health Assessment
PDHRA	Post-Deployment Health Reassessment
PEB	Physical Evaluation Board
PEC-B	Pharmacoeconomic Branch
PFAC	Pentagon Family Assistance Center
PFC	Private First Class
PHA	Periodic Health Assessment
PHI	Protected Health Information
PII	Personally Identifiable Information
PL	Public Law
PM	Provost Marshal
POC	Pharmacy Operations Center Police Orientation Course
POF	Privately Owned Firearm
Poly-MART	Army Polypharmacy Medication Analysis and Report Tool
POTUS	President of the United States
POV	Privately Owned Vehicle
POW	Privately Owned Weapon
PR	Puerto Rico
PRARNG	Puerto Rico Army National Guard
PSAP	Public Safety Answering Point
PSD	Personal Security Detachment
PSG	Platoon Sergeant
PSI	Personnel Security Investigation
PT	Physical Training
PTDY	Permissive Temporary Duty
PTSD	Post-Traumatic Stress Disorder
PULHES	Physical Capacity, Upper Extremities, Lower Extremities, Hearing/Ears, Eyes, and Psychiatric
PV2	Private (E-2)
PVT	Private (E-1)
PX	Post Exchange
R2C	Ready and Resilient Campaign
RAM	Random Antiterrorism Measures
RAR	Rapid Action Revision

ACRONYM	DEFINITION
RETAIN	Automated Reenlistment and Reclassification System
ROM	Rough Order of Magnitude
SA	Secretary of the Army
SAMMC	San Antonio Military Medical Center
SAR	Suspicious Activity Reporting
SDO	Staff Duty Office
SECARMY	Secretary of the Army
SECDEF	Secretary of Defense
SES	Senior Executive Service
SF	Standard Form
SFAT	Security Force Assistance Team
SFC	Sergeant First Class
SGM	Sergeant Major
SGT	Sergeant
SHARP	Sexual Harassment/Assault Response and Prevention
SIP	Shelter In Place
SIR	Serious Incident Report
SLRRT	U.S. Army Soldier Leader Risk Reduction Tool
SMS	Short Message Service
SOP	Standard Operating Procedures
SOW	Site On Wheels
SPC	Specialist
SRT	Special Response Team
SSG	Staff Sergeant
STARRS	Study to Assess Risk and Resilience in Service Members
STP	Soldier Training Publication
TACOM	U.S. Army Tank-automotive and Armaments Life Cycle Management Command
TAGD	The Adjutant General Directorate
TARP	Threat Awareness Reporting Program
TAS	Traffic Alert System
TASP	Total Army Sponsorship Program
TB	Transportation Battalion
TBI	Traumatic Brain Injury
TDY	Temporary Duty
Telecom	Telecommunications
TEM	Traumatic Event Management
TRADOC	U.S. Army Training and Doctrine Command
TTP	Tactics, Techniques, and Procedures
TTX	Tabletop Exercise
TWG	Threat Working Group
UCMJ	Uniform Code of Military Justice
USACIDC	U.S. Army Criminal Investigation Division Command
USAMAA	U.S. Army Manpower Analysis Agency
USAREC	U.S. Army Recruiting Command
USG	United States Government
USNORTHCOM	U.S. Army Northern Command
VA	Veterans Affairs
VA Tech	Virginia Polytechnic Institute and State University
VCC	Visitor Control Center
VCSA	Vice Chief of Staff of the Army
VOCO	Verbal Orders from the Commanding Officer
WBAMC	William Beaumont Army Medical Center
WLC	Warrior Leader Course

Access Control Point - Points at the outermost boundary of the installation (or cantonment area of large installations) where security checks can be performed on personnel, vehicles, and materials before potential threats can gain close proximity to Army assets.

AHLTA – Armed Forces Health Longitudinal Technology. The information technology platform for the DoD electronic health record. The term is used interchangeably to refer to an individual’s medical record by DoD medical providers.

Ambien – Trade name for zolpidem, a commonly prescribed sleep medication.

Ambien CR – Trade name for zolpidem controlled release. It is basically the same as Ambien, but has a slightly different timing as far as how fast it enters the bloodstream.

Atrial Fibrillation - A heart condition in which the atria beat more rapidly than normal. In certain cases, fibrillation may cause blood to coagulate, resulting in potential blood clots that can cause serious injury or death.

BH – Behavioral Health

BHDP – Behavioral Health Data Platform. An information technology application which records only Behavioral Health (BH) information. The information is entered by BH providers, and currently includes numerical scores for various rating scales that patients fill out or are scored on. Future improvements being discussed by the Office of the Surgeon General include tracking of polypharmacy status, outprocessing status, and limited access by line unit commanders.

Bucket – a polypharmacy term, defined in OTSG/MEDCOM Policy Memo 13-032. When a patient meets certain criteria for taking multiple types of certain medications under certain conditions, he/she is said to be in a “bucket.” There are 9 possible buckets.

Bupropion – a commonly prescribed psychotropic medication with multiple purposes. It can be used as a smoking cessation aid, it can be used as an antidepressant, and it sometimes helps relieve sexual dysfunction caused by other psychotropic medications such as citalopram.

Citalopram – a commonly prescribed psychotropic medication that helps reduce the symptoms of depression, anxiety, and other psychiatric disorders.

Celecoxib – a non-steroidal, non-opiate pain reliever.

Celexa – See citalopram.

Common Operating Picture - A common operating picture (COP) provides consistent, identical and relevant operational information shared by more than one command or jurisdiction. A COP

Appendix 3, TAB B—Definitions

facilitates collaborative planning and operations and assists in achieving situational awareness across the Army. By enabling a COP, organizations and agencies can more effectively distribute information, enhance communications, manage resources, support incident commander, and aid in the decision making across the enterprise. The COP is shared in part or in its entirety with supporting civil and military response and recovery partners, tenant commands and higher headquarters.

CPAP – Continuous Positive Airway Pressure – a medical treatment for obstructive sleep apnea in which air is forced into a patient’s lungs via a mask that is strapped around the mouth and nose at night. The device may be noisy and uncomfortable, or disruptive to bed partners.

CRDAMC – Carl R. Darnall Army Medical Center at Fort Hood, Texas.

DHA - Defense Health Agency.

Diltiazem – a cardiac medication used to reduce the heart rate in conditions such as certain varieties of atrial fibrillation.

EBH – Embedded Behavioral Health. Behavioral Health providers and support staff assigned to a single brigade, located within that brigade’s area of operations, devoted to providing medical care only to those affiliated with that brigade.

ED – Emergency Department, formerly known as “Emergency Rooms.”

EHR – Electronic Health Record. The information technology platform for the DoD EHR is called AHLTA.

Genital Herpes – a sexually-transmitted disease caused by viral infection with Herpes Simplex Virus type 2 (HSV-2).

GLWACH – General Leonard Wood Army Community Hospital at Fort Leonard Wood, Missouri.

Holter monitor - A device that is strapped over the heart and often worn for two weeks, to detect abnormal cardiac rhythms.

Hydroxyzine – an antihistamine used to treat seasonal allergies. It is sometimes used to treat insomnia or anxiety due to its sedating and calming effects.

Insider Threat - The threat that an insider will use her/his authorized access, wittingly or unwittingly, to do harm to the security of the United States. This threat can include damage to the United States through espionage, terrorism, unauthorized disclosure of national security information, or through the loss or degradation of departmental resources or capabilities.

Lunesta – a medication used to treat insomnia.

MASCAL – abbreviation for “mass casualty.”

MEB – Medical Evaluation Board. A process in which a Soldier is determined to be fit or unfit for duty due to a medical condition. If the occupational dysfunction is severe enough, the Soldier may qualify for lifetime disability payments and VA access. Not to be confused with the separate process of VA disability determination.

Military Installation - A base, camp, post, station, yard, center, or other activity under the jurisdiction of the Secretary of a military department or, in the case of an activity in a foreign country, under the operational control of the Secretary of a military department or the Secretary of Defense, without regard to the duration of operational control.

mTBI – mild Traumatic Brain Injury (TBI). Refer also to TBI. mTBI is a TBI that lacks any physical finding to help validate the existence of a brain injury. There are no findings on CT scan or MRI either.

Obstructive sleep apnea – see sleep apnea below. Obstructive sleep apnea is a form of sleep apnea in which the muscles of the airway relax and partially obstruct air flow, resulting in poor sleep.

PASS - Pharmacy Analytics Support Section. A section of the PEC-B under DHA that is involved in creating polypharmacy lists for all Army posts.

PCL-M – PTSD Checklist – Military. A 17-question self-reporting tool that is filled out by patients at BH clinics. It lists many symptoms of PTSD, with five possible severity choices. Despite listing the symptoms, it leaves out one essential part of any PTSD diagnosis – the presence or absence of a traumatic event. A BH provider would use the tool to ask further questions and possibly seek confirmatory, collateral information to determine the presence or absence of PTSD. It can also be used to track improvement or worsening of PTSD at subsequent appointments.

PDHA – Post-Deployment Health Assessment. All Soldiers who return from deployment are required to fill out a PDHA questionnaire (DD 2796) and speak with a medical professional, usually within the first days of return to home station.

PDHRA - Post-Deployment Health Re-Assessment. All Soldiers who return from deployment are required to fill out a PDHRA questionnaire (DD 2900) and speak with a medical professional 90-180 days after redeployment.

PEC-B - Pharmacoeconomic Center Branch of the DHA that is involved in creating polypharmacy lists for all Army posts.

Permissive Temporary Duty (PTDY) - A nonchargeable absence granted to attend or participate in activities of semi-official nature which benefit the Department of the Army.

Appendix 3, TAB B—Definitions

PHA – Periodic Health Assessment. A mandatory, annual health screening for all Soldiers. Soldiers fill out a questionnaire and speak to a medical provider, who reviews their medical record.

Physical Profile – DA Form 3349. A document created by medical providers that states duty limitations due to a medical condition using the PUHLES system. They may be temporary up to 90 days in duration, or permanent. Permanent profiles require a co-signature by a senior medical provider. Severity of a condition is rated as a 1, 2, 3, or 4. Any permanent rating with a 3 or 4 requires determination of MOS re-class through MAR2 or completion of a MEB. A permanent profile with a medical condition rated as a 3 is sometimes referred to as a “P3” profile. This is different from a 3 rating under the P of the PUHLES system. See PULHES below.

Plantar Fasciitis – A painful condition due to inflammation of the tissue that covers the sole and heel of the foot. It commonly manifests as heel pain when walking, and is usually most prominent upon first waking up in the morning. This condition is usually diagnosed purely from the patient’s description of symptoms. Treatment includes pain medication, proper footwear, and avoidance of activities such as running.

Polypharmacy – a term referring to the use of multiple medications by a single individual. The term usually conveys a concern that there are too many medications in use and drug interactions may be occurring.

Posttraumatic Stress Disorder – A psychiatric diagnosis characterized physical and emotional symptoms after experiencing a traumatic event, such as combat, seeing others hurt, or having one’s life threatened. The symptoms of PTSD may overlap with other psychiatric conditions such as major depression and other anxiety disorders. For example, PTSD patients may have nightmares about a combat experience, whereas individuals with general anxiety problems may have nightmares about everyday stressors.

Prazosin – a blood pressure medication that is sometimes used to eliminate nightmares, especially in cases of anxiety and/or PTSD.

PTSD – See Posttraumatic Stress Disorder.

PULHES - An acronym used in Army Physical Profiles (DA Form 3349) that stands for Physical, Upper Extremity, Lower Extremity, Hearing, Eyes, Psychiatric. Each condition may be rated 1, 2, 3, or 4. For example, a disabling case of plantar fasciitis could warrant an L3 on PULHES. Any medical condition not encompassed by the “ULHES” portion is scored under the P. Thus, sleep apnea could warrant a P2 on PUHLES. Note that if someone has a P2 and L3 on PUHLES, and the profile is permanent, then the entire profile may be referred to as a “P3” profile, which is different from the P2 rating for sleep apnea.

Appendix 3, TAB B—Definitions

Major Depressive Disorder - A psychiatric disorder characterized by depressed mood and other symptoms such as insomnia, low energy, decrease appetite, and suicidal thoughts.

MAR2 – MOS Administrative Retention Review. A system in which a Soldier with a permanent profile is considered for MOS re-class due to an impairing medical condition.

Meloxicam – A non-steroidal, non-opiate pain relieving medication.

Mobic – See meloxicam.

Sleep apnea – A disorder of breathing during sleep. Shallow breathing or infrequent breathing causes the body to partially or fully wake up, resulting in fatigue the next day. See also obstructive sleep apnea.

TEM – Traumatic Event Management. A medical intervention mainly performed outside of clinical settings, to help individuals with recent trauma exposure. The Army defines this system in MEDCOM Pamphlet 40-17. TEM is offered to all exposed individuals, regardless of whether they have any psychiatric symptoms, for the purpose of helping avert the development of future psychiatric trauma-related issues (such as PTSD).

TBI – Traumatic Brain Injury. A constellation of symptoms due to a head injury, including headaches, memory problems, dizziness, hearing issues, anger problems, and personality changes.

Tramadol – A pain medication with partial opiate activity. Though not a full opiate-based medication like morphine or codeine, tramadol carries some risk for physical dependence and is considered a potential drug of abuse.

Ultram – see tramadol.

VA disability – A determination of occupational or social dysfunction by the Veterans Affairs medical system. If severe enough, a veteran receives a lifetime disability payment and continued VA access. The VA disability may build upon a previous disability determination through a MEB, or it may start de novo if a former Soldier can prove a medical condition that was documented as starting while he/she was on active duty.

Viagra - A medication that helps with male sexual dysfunction.

WBAMC - William Beaumont Army Medical Center at Fort Bliss, TX.

Wellbutrin - See bupropion.

Zolpidem - A sleeping medication, also considered a psychotropic medication.